

Five steps for setting up an extension ladder

1. The ladder should be closed. Position the ladder with the base section on top of the fly section. Block the bottom of the ladder against the base of the structure.
2. Make sure there is clearance and no electrical lines are overhead. Carefully “walk” the ladder up until it is vertical.
3. Firmly grip the ladder, keep it vertical, and carefully move back from the structure about one quarter the distance of the ladder’s working length. This allows you to place it at the correct angle against the structure.
4. Raise the fly section. After the bottom rung of the fly section clears the bottom rung of the base section, place one foot on the base rung for secure footing.
5. Lean the ladder against the structure. The distance from the base of the ladder to the structure should be one quarter the distance of the ladder’s working length. Make sure the ladder extends 3 feet above the top support points for access to a roof or other work level. Both rails should rest firmly and securely against the structure.

